



Summer Term Menu 2023



Salad, bread, fruit and yogurt are available everyday

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Wb 17/4/23 Wb 8/5/23 Wb 5/6/23 Wb 26/6/23 Wb 17/7/23	Cheese & tomato pasta with garlic bread <small>G/D</small> or Jacket potato with beans or tuna mayo <small>E/F</small> Ice-cream, sprinkles and a wafer <small>MK</small>	Sausage roll picnic – Choice of: Meat <small>G/D</small> cheese & onion <small>MK/D/F/L</small> Includes: Crisps Fruit Veggie sticks Cake <small>E/G/D</small>	Roast garlic & herb chicken served with roast potatoes, vegetables & gravy or Veggie sausage bake with roast potatoes, vegetables & gravy <small>Mk</small> Chocolate mousse <small>Mk</small>	Jacket potato with chilli beef or Jacket potato with cheese and beans <small>Mk/D</small> Fruit topped cheesecake <small>G/Mk/D</small>	Fish fingers served with chips, peas or beans <small>G/F</small> or Veggie fingers served with chips, peas or beans <small>G</small> Fruity shortbread <small>D/G</small>
Week 2 Wb 24/4/23 Wb 15/5/23 Wb 12/6/23 Wb 3/7/23 Wb 24/7/23	Vegetable pitta pizza served with cucumber & carrot sticks <small>G/D</small> or Jacket potato with baked beans or tuna mayo <small>F/E</small> Ice cream roll <small>Mk/D/G</small>	Quiche Lorraine <small>Mk/D/G</small> or Cheese & tomato quiche <small>Mk/D/G</small> or Jacket potato with beans and homemade coleslaw <small>E</small> Fruit jelly	Roast chicken served with roast potatoes, vegetables & gravy or Honey roast quorn served with roast potatoes, vegetables & gravy Fresh fruit salad	Cowboy pie topped with mash <small>G/W</small> or Veggie cowboy pie topped with mash or Jacket potato with cheese or tuna mayo <small>E/F</small> Carrot cake <small>D/G/Mk</small>	Battered fish served with chips, beans or mushy peas <small>F/G/W</small> Or Veggie nuggets served with chips, beans or mushy peas <small>G/W</small> Chocolate muffin
Week 3 Wb 1/5/23 Wb 22/5/23 Wb 19/6/23 Wb 10/7/23	Salmon pasta bake with green beans <small>F/D/M/G</small> or Jacket potato with beans or cheese <small>D/Mk</small> Raspberry ripple mousse <small>Mk</small>	Sandwich picnic – Cheese Ham <small>G/D</small> Tuna mayo <small>D/F/E</small> Includes: Crisps Fruit Veggie sticks Cake <small>E/G/D</small>	Spanish chicken with new potatoes and vegetables or Quorn casserole with new potatoes and vegetables <small>E</small> Lemon drizzle cake <small>E/G</small>	Bolognese pasta bake with sweetcorn <small>G</small> or Quorn mince pasta bake with sweetcorn <small>E/G</small> or Jacket potato with cheese or tuna mayo <small>D/Mk/F/E</small> Fresh fruit with meringue nests <small>E/D</small>	Chicken burger in a bap with coleslaw and wedges <small>C/G/W</small> Or Veggie burger in a bap with coleslaw and wedges <small>G/E/N/MK</small> Fruity/oaty flapjack <small>D/G</small>

Food Allergies Some of our menu items contains allergens including cereals containing gluten, milk, eggs, fish, shellfish, soya, celery, mustard, sulphites, sesame and Lupin. Peanuts and nuts are also classed as allergens, but these are not used on our menu. Our professional and dedicated catering team are able to provide details of food allergens on request. We use food codes on our menu to show the allergens. A list of them are below for your reference:

Ce – Celery

Cr – Crustacean

E – Egg

F – Fish

G – Cereals containing gluten

L – Lupin

Mk – Milk

Mo – Molluscs

Mu – Mustard

N – Nuts

P – Peanuts

Se – Sesame

So – Soya

Su – Sulphur Dioxide

D - Dairy

Our team will do their best to provide alternative choices for those children with dietary needs such as gluten free, dairy free etc. For more information, please contact the school office.